Tell me and I forget Teach me and I learn Imobe me and I remember. -Benjamin Franklin

SSISD Head Start/Pre-K Parent, Family, & Community **Engagement (PFCE)** 2018-2019 Newsletter



Dear Most Valuable Parents!

We have successfully made it through another wonderful school year! Some students will be transitioning to the HS4 program, and others will be headed to Kindergarten! I strongly encourage parents to stay involved in your child's learning and school activities at the next level. Please utilize the transition packet (sent home by your child's teacher) as well as activities provided with this newsletter to help your child retain learned material over the summer months. Make sure that your child is SCHOOL READY! Your advocacy plays a vital role in your child's life success. You are indeed your child's first and most important teacher.

Again, we are so thankful for your outstanding dedication to our Head Start/Pre-K program! You are truly MVPs! Thank you for all of your support and dedication this school year.

Have a safe and fun summer! Rita V. Taylor,

Parent, Family, & Community Engagement Specialist

Congratulations to the following students for having Perfect Attendance for the 2018-19 School Year!

Carter Bass – Potts Alfonso Estrada, Jr. – Mattison De'Qeria Johnson-Pitts- Potts Yanetxy Murillo - Sanchez Sebastian Sanchez - Ridner Itzel Sandoval – Sanchez Taylor Wright - Kerby



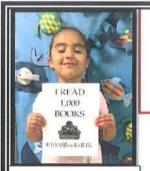
The Head Start/Pre-K program appreciates all of our outstanding volunteers for the 2018-19 school year! Approximately 500 service hours were provided to children and families! Thank you!

• Fressia Alvarez • Jurreka Timmons • Itzel Chavez • Linda Bain • Daniel Walker • Marilyn Perez • Kimberly Mitchell • Crystal Sanchez •KeaAron Cash • Rekisha Wade • Areli Torres • Jennifer Barnes • Jessica Martinez • Veronica Guzman • Betty Young • Elizabeth Brewer • Vicki Allen • Glenda Zumwak • Sarah Smith• Frances McKee • Cindy Kent • Nancy Barton • Myra Grant Susan Henderson •Barbara Phillips • Kay Williams Charlotte Fouts • Anita Pugh • Betsy Taggart •Rebecca Hathcoat • Kathy McDonald • Doug Lewis • Rashad Mouton • Brandon Calhoun • Daniel Walker • Freddie Taylor • Malorie Padron • Della Cleveland • Robbin Vaughn • Sherry Finney

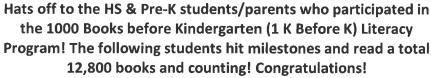
A special thank you and congratulations to our 2018-19 Top Volunteer!



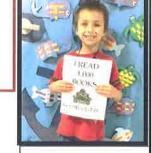
Rashad Mouton, 150+ Hours



Itzel Sandoval (HS4) 1146+ Books



Families that Read Together, Succeed Together!

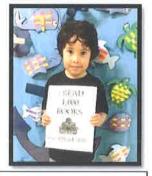


Johnny Garcia (HS4) 1062+ Books



START **WORKS**

Top Reader Alexia Salazar (HS4) 1690+ Books



Anthony Perez (HS4) 1000+ Books



Christian Vasquez (HS4) 1014+ Books





Caleb Hernandez (HS4) 1000+ Books



Monserrat Mejia (HS4) 600+ Books



Hunter Alvarez (HS4) 600+ Books



600+ Books



Ailin Correa (HS4) Quincy Redfearn (HS4) 600+Books



Kaylee Roque (PreK) 527+ Books



Bryar Pogue (HS3) 384+ Books









300+ Books

Ximena Cardenas(HS3) Alexa Abrego (HS3) 354+Books

Gricelda Alvarez (HS4) 347+ Books

Jorge Estrada (HS4) Ja'Kobe Hall (HS4) 305+ Books

300+ Books

300+ Books

Braileigh Hathcock (HS4) Nehemiah Garrison (HS4) 300+ Books



Alyanah Gibson (HS3) Jolie Thornhill (HS3) Isabella Banuelos (HS4)











ndiana Walker (HS4) 200+ Books

162+ Books

150+ Books

131+ Books

Alain Lozano (HS3) 118+ Books

Bryson Edwards (HS4) 118+ Books

Cesar Marquez (HS3 100+ Books







Family Engagement





2018-19 Policy Council Officers

Fressia Alvarado – Photographer, Yvonna Hines, Linda Bain, Daniel Walker – Vice-President, Jennifer Barnes – Secretary, Marilyn Perez - President





Annual Literacy Latino Fiesta! Embracing and celebrating 1st

mbracing and celebrating 1st language while learning a 2nd language!

Walk & Talk Health/Nutrition Johanna Hicks, Texas A&M Agri-Life, shares nutritious recipes and healthy living resources!



Grandparents Raising Grandchildren Support Group



Career Day!

Tonya Armstrong, PJC, shares educational resources for parents!





2018-19 Parent Committee Officers

Daniel Walker, Linda Bain, Jurreka Timmons - Secretary, Kimberly Mitchell - Vice-President, Fressia Alavardo — Photographer, Itzel Chavez





Building Brain Smart Kids (Conscious Discipline)

Parenting 7-part Series w/Elise Douglas, Licensed Professional Counselor



Free Summer Lunch & Breakfast @ Sulphur Springs Elementary

Breakfast and lunch will be available to any child/student ages 1-18, Monday – Thursday, June 24 – July 25th.

Breakfast from 7:45-8:30 am; Lunch from 10:45 – 12:30.

Community Chest/Cupboard

(Food, Medical Assistance); 903.885.3542

Educational Opportunity Center

(College, GED, ESL) 903.885.1232

Duolingo – (<u>www.duolingo.com</u>) Learn a new language on your phone or computer. Free app can be downloaded on your phone and/or computer!

League Street Church of Christ — Clothing Ministry, Tuesdays from 9:30-12 noon

Shelter Agency for Families in East Texas – Hotline to get help if you are in an abusive relationship. 903.575.9999

A special thank you to

Mrs. Hillary Young

for 26 years of dedicated service to Head Start staff, children and families. We love and miss you! Happy Retirement!





The Sulphur Springs Public
Library will begin its 2019
Summer Reading Club on
May 30th!
(Schedule Attached)
Call 903.885.4926 for
more information!
Families that read
together, succeed

The Douglass ECLC Family Appreciates the Support of our Community Partners!













The Williams-Speight Family

Sulphur Springs ISD 2019-2020 School Calendar

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First Day of School - August 20 Last Day for Students - May 21 High School Graduation - May 22

School Start Time

Pre K - 511 / 8:00 - 3:20 Middle School - High School / 8:00 - 3:30

Holidays

September 2 Labor Day October 25 Fall Festival November 25-29 Thanksgiving Break December 23-31, January 1-3 Christmas Break January 20 Martin Luther King Day March 9-13 Spring Break April 10 & 13 Easter Break May 25 Memorial Day

Staff Preparation/Student Holiday

August 8-9 August 12-16 August 19 October 14

January 6-7 February 17

March 16 May 22 Student Bad Weather Make-up Day

May 26-28 May 29 Teacher Bad Weather Make-up Day June 1 Teacher Bad Weather Make-up Day

New Teacher Orientation

August 5-7

Early Release Days

October 4 - 2:20 October 12 - 2:20 November 1 - 2:20

1st Nine Weeks August 20 - October 11 (38) 2¹⁰³ Nine Weeks October 15 – December 20 (43) 3rd Nine Weeks January 8 - March 6 (41) 4th 9 Weeks March 17 - May 21 [46]

Testing Dates

For a complete testing calendar, Visit our web-site at www.ssisd.net

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SP - Staff Preparation/Student Holiday

H - Holdbys

ER - Early Release Days

*- Bad Weather Days (Students Chly)

1 - Bad Weather Days (Teachers Chly)

SH - Summer Hours / Offices Closed



ET - Professional Development Exchange Time - Two days of staff preparation must be completed according to DMA Local.

PUT READING ALOUD AT THE TOP OF YOUR SUMMER BUCKET LIST

SPF 30

hat's on your summer bucket list? The beach? A fishing trip? Camping? The pool? A lengthy road trip?

How about Hogwarts? Narnia? Or 20,000 Leagues Under the Sea?

Take your little one to the fire station, explore the times of knights or samurai, become a fairy princess or meet Margaret Mead...

It's all possible in the pages of a book.

ow many adventures can you have this summer?
Well... How many books can you read aloud together?

- Don't let summer erase the gains made in school.
- Enrich little ones' summer with the adventures only books can provide.

Make memories, and build brains and vocabulary with daily reading aloud.





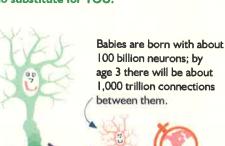
Parents, it's up to you!

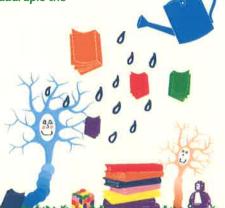
The first few years of life are critical in your child's brain development. Make the most of this window. If you wait, it's too late.

 Your baby's brain is making literally trillions of connections during the first few years, the fastest it will ever grow.

 Children are rapidly learning language. They often quadruple the number of words they know between ages 1-2.

 Bables learn best through interactions. There is no substitute for YOU.





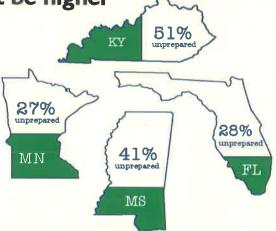
The stakes could not be higher

Dodge the word gap

Some children will hear 30 million fewer words than their peers before age 4. Studies have shown the number of words a child knows when entering kindergarten is predictive of future learning success.

Hart and Risley 2003



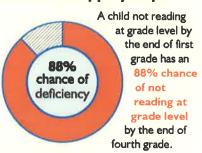


Get ready to learn

Too many children in the U.S. are not prepared to learn when they enter kindergarten. Studies show that those who fall behind are likely to stay that way.

Kentucky.com | FloridaEarlyLearning.com | Education.state.mn.us | kidscount.ssrc.msstate.edu | Shonkoff and Phillips 2000 | Carnegie Foundation 1991

Avoid the slippery slope



Those not reading proficiently by third grade are four times more likely to drop out of school.



Juel 1988 | Annie E. Casey Foundation, 2012

Light up your child's brain!



Read aloud 15 MINUTES every day from birth to:

- Grow vocabulary and knowledge
- Bond and provide enriching engagement
- Foster a love of books and learning

You are your child's first and most important teacher. Read Aloud every day, from birth, for at least 15 MINUTES and light up your child's brain.



If you wait, it's too late.





Every child. Every parent. Every day.



Dear Parents,

School's out. It's hot out. And yet, summer is a time for learning.

For little ones, summer is filled with teachable moments and opportunities to read aloud.

For school-aged ones, summer can be a dangerous slide that erodes knowledge built over the school year. Or, summer can be a time to make gains in knowledge, stimulate imaginations, and build enthusiasm for learning by reading and reading aloud.

PARENTS, YOU ARE YOUR CHILD'S FIRST AND MOST IMPORTANT TEACHER:

SEIZE THE SUMMER!

EMBRACE TEACHABLE MOMENTS:

- Reading aloud is the single most important thing a parent or caregiver can do to help a child prepare for reading and learning.
- Grow the garden of words this summer. New experiences, new places, new friends and new books can introduce new words to your child's vocabulary.
- Build your child's castle of knowledge: If she has an interest in butterflies, nurture it! Read about butterflies, talk about butterflies, catch a few butterflies.



 You are your child's most important role model. Demonstrate how learning and reading are priorities to you and your family by reading aloud together 15 minutes every day.

DON'T RIDE THAT SLIDE:

- Teachers may spend a month re-teaching old material that has been forgotten over the summer, at the expense of new learning.
- Some experts say time spent re-teaching forgotten material costs more than \$1,500 per student each year, or more than \$18,000 from K-12.
- Studies have shown that low-income students are especially at risk, losing between one to two months of reading achievement during the summer.
- A read aloud habit over the summer can halt the summer slide, and even lead to gains in reading and knowledge building.

MAKE TT A HARTT.

- Make reading aloud part of your daily routine. Bedtime is a great time to read aloud.
- Get excited to read aloud, and let your enthusiasm become infectious. Read with expression. Be silly. Use funny voices. Your child will love it.
- Find books with awesome pictures. Find books with great stories. Talk as you read. Ask questions. Point to pictures. Engage!
- Books, books everywhere and lots of stuff to read. Nurture a reader: Make books and reading materials an accessible part of the environment.
- Practice makes perfect, for the listener and the reader. The more you do it, the better it will be!

VISIT US AT READALOUD.ORG FACEBOOK.COM/ READALOUD.ORG TWITTER.COM/ READALOUD_ORG







SSPL Summer Reading Club 2019 Calendar

June

S		_	14	21	78	
SAT	1	∞	15	22	29	
FRI		7 Brett Roberts Space Magic 1 p.m.	14	21	28	
THU	SO SRP Kickoff 5-7p.m. Game Truck/ Petting Zoo	9	13 Bingo Game Night 5-7pm	20 Family Game Night 5-7pm	27	
WED		5	12	19	56	
TUE		4 Story time 10:00a.m.	Story time 10:00a.m	18 Story time 10:00a.m	25 James Munton Secret Agent Magic Show 2:00p.m.	
SUN MON		ಣ	10	17	24	
SUN		2	6	16	23	30

July

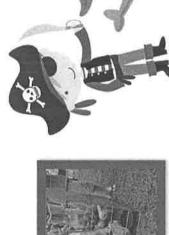
SUN	SUN MON	TUE	WED	THU	FRI	SAT
	_	Story time 10:00a.m.	3	4 CLOSED FOR HOLIDAY	5	9
7	8	9 Story time 10:00a.m.	10	11	12	13
14	15 Medieval Times Story time 10:30a.m.	Story time 10:00a.m.	17	18	19	20
21	22	23 Story time 10:00a.m	24	25	26	27
28	29	30 Story time 10:00a.m	31 Last Day Reading Logs			

PL Summer Reading

The Summer Reading Club is an annual reading program for boys and girls ages birth through 13. Come explore tons of fun, prizes, an more!



James Munton



Petting Zoo

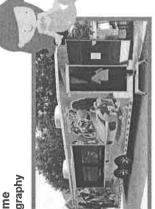


Brett Roberts Space Magic



Mandy Fiock Photography Ariel's Story time

Medieval Times



May 30th, 5-7pm *Age 6 and up **Game Truck**

Prize Contributors Prize Contributors Prize Contributors Prize Contributors Prize Contributors



ESCAPOL



























Home Safety Tips

Everything you need to know to keep your kids safe in your home

Every parent wants their children to grow up healthy and strong in the place where they deserve to feel safest: at home. The good news is that there are simple and easy steps that families can take to protect their children.

Preventing Falls

 Use approved safety gates at the tops and bottoms of stairs and attach them to the wall, if possible. Remember to read the manufacturer's instructions to make sure you have the right gate for your needs. Not all gates are safe for use at the top of stairs.



- Keep babies and young kids strapped in when using high chairs, swings or strollers. When placing your baby into a carrier, remember to place the carrier on the floor, not on top of tables or other furniture.
- Properly install window guards and stops to prevent window falls. Windows above the first floor should have an emergency release device in case of fire.

Woter Safety

 Actively supervise children in and around water. Avoid distractions of any kind, such as reading or talking on the phone.



- Once bath time is over, immediately drain the tub.
 Keep toilet lids closed and keep doors to bathrooms and laundry rooms closed to prevent drowning.
- Make sure home pools have four-sided fencing that's at least 4 feet high with self-closing, self-latching gates to prevent a child from wandering into the pool area unsupervised.
- Every child is different, so enroll children in swimming lessons when you feel they are ready.
 Teach young children from an early age not to go near or in water without an adult. Older children should swim with a partner, every time.

Poison Prevention

- Store all household products and cleaning solutions out of children's sight and reach. Young kids are often eyelevel with items under the kitchen and bathroom sinks.
- Keep cleaning products in their original containers.
 Don't put a potentially poisonous product in something other than its original container (such as a plastic soda bottle) where it could be mistaken for something else.
- Put the toll-free Poison Help Number into your phone in case of emergency: 1-800-222-1222.

Safety from Fire

 For the best protection, install smoke alarms on every level of your home, especially near sleeping areas. Test batteries every six months.



- Create and practice a home fire escape plan with two ways out of every room. In the event of a fire, leave your home immediately. Once you're out of the house, stay out.
- Keep anything that can catch fire, such as dish towels or wooden spoons, away from your stovetop. Have a fire extinguisher in the kitchen in case of emergency, and make sure you know how it works.
- Blow candles out when you leave the room or before you go to sleep.



Every year, more than 2,200 children die from injuries that happen at home.

Preventing Burns

- Don't carry a child while cooking on the stove. It's better to put your child in a high chair where you can still see them.
- Keep an eye on appliances such as irons, curling irons or hair dryers that can heat up quickly or stay warm.
 Unplug and safely store these items after use.
- Keep appliance cords out of children's reach, especially
 if the appliances produce a lot of heat.

Preventing Scalds

 To prevent accidental scalding, set your water heater to 120 degrees Fahrenheit or the manufacturer's recommended setting. Check the water with your wrist or elbow before giving your baby a bath.



 To prevent hot food or liquid spills, use the back burner of your stove and turn pot handles away from the edge. Keep hot foods and liquids away from the edge of your counters and tables.

Safety from Carbon Monoxide

 Make sure your home has a carbon monoxide alarm. For the best protection, install a carbon monoxide alarm on every level of your home, especially near sleeping areas.



- Don't use a grill, generator
 or camping stove inside your
 home, garage or near a window. Don't use your oven
 or stovetop to heat your home.
- If you need to warm a vehicle, remove it from the garage immediately after starting. Don't leave a car, SUV or motorcycle engine running inside a garage, even if the doors are open.

Medication Safety

- Put all medicine and vitamins up and away and out of sight after every use.
- Use the dosing device that comes with the medicine, not a kitchen spoon. Kitchen spoons aren't all the same, and a teaspoon or tablespoon used for cooking won't measure the same amount as the dosing device.

N

Preventing TV and Furniture Tip-overs

 Mount flat-panel TVs to the wall to prevent them from falling off stands. Follow the manufacturer's instructions to ensure that you have a secure fit.



- Use brackets, braces or wall straps to secure unstable or top-heavy furniture to the wall.
- If you have a large, box-style cathode ray tube (CRT)
 TV, place it on a low, stable piece of furniture. If you no longer use your CRT TV, consider recycling it. To find a recycle location, go to www.GreenerGadgets.org.

Sleep Safety

 Make sure babies sleep on their backs and in their own crib, bassinet or play yard. Room sharing is a safer option than having your baby sleep in bed with you.



 Choose a firm mattress covered with a tight-fitting crib sheet for your baby's crib.
 Avoid using soft bedding, pillows, stuffed animals and bumpers in the crib.



TIPS for parents of Preschoolers

Read early and read often. The early years are critical to developing a lifelong love of reading. It's never too early to begin reading to your child! The tips below offer some fun ways you can help your child become a happy and confident reader. Try a new tip each week. See what works best for your child.

Read together every day.

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close.

Give everything a name.

Build your child's vocabulary by talking about interesting words and objects. For example, "Look at that airplane! Those are the wings of the plane. Why do you think they are called wings?"

Say how much you enjoy reading.

Tell your child how much you enjoy reading with him or her. Talk about "story time" as the favorite part of your day.

Read with fun in your voice.

Read to your child with humor and expression. Use different voices. Ham it up!

麗 Know when to stop.

Put the book away for awhile if your child loses interest or is having trouble paying attention.

Be interactive.

Discuss what's happening in the book, point out things on the page, and ask questions.

Read it again and again.

Go ahead and read your child's favorite book for the 100th time!

Talk about writing, too.

Mention to your child how we read from left to right and how words are separated by spaces.

Point out print everywhere.

Talk about the written words you see in the world around you. Ask your child to find a new word on each outing.

Get your child evaluated.

Please be sure to see your child's pediatrician or teacher as soon as possible if you have concerns about your child's language development, hearing, or sight.

Visit www.ReadingRockets.org for more information on how you can launch a child into a bright future through reading.



Transition to Kindergarten

To help CHILDREN transition . . .

- **Visit the school.** Attend an orientation and the spring carnival at the school in the spring, play on the school playground or visit the school library over the summer.
- Practice "cafeteria style" eating at a local restaurant and practice opening food packages. Also, allow your child to serve himself from bowls at home.
- Shorten your child's naptime a few weeks before school starts.
- Adjust your child's sleep schedule several weeks
 before school begins remember that a child needs about ten hours of sleep each
 night.
- Help your child choose a school bag and label it with his or her name. Also choose a place in your home to put things each night to take to school each day.
- Talk about what will be familiar at kindergarten as well as what will be new.
- Add a family photo to your child's book bag.
- Be positive your child takes cues from you.
- Write a letter to the principal during the summer describing your child as a person (likes, dislikes) and as a learner. Describe the kind of teacher you hope he or she will have (no names, please).

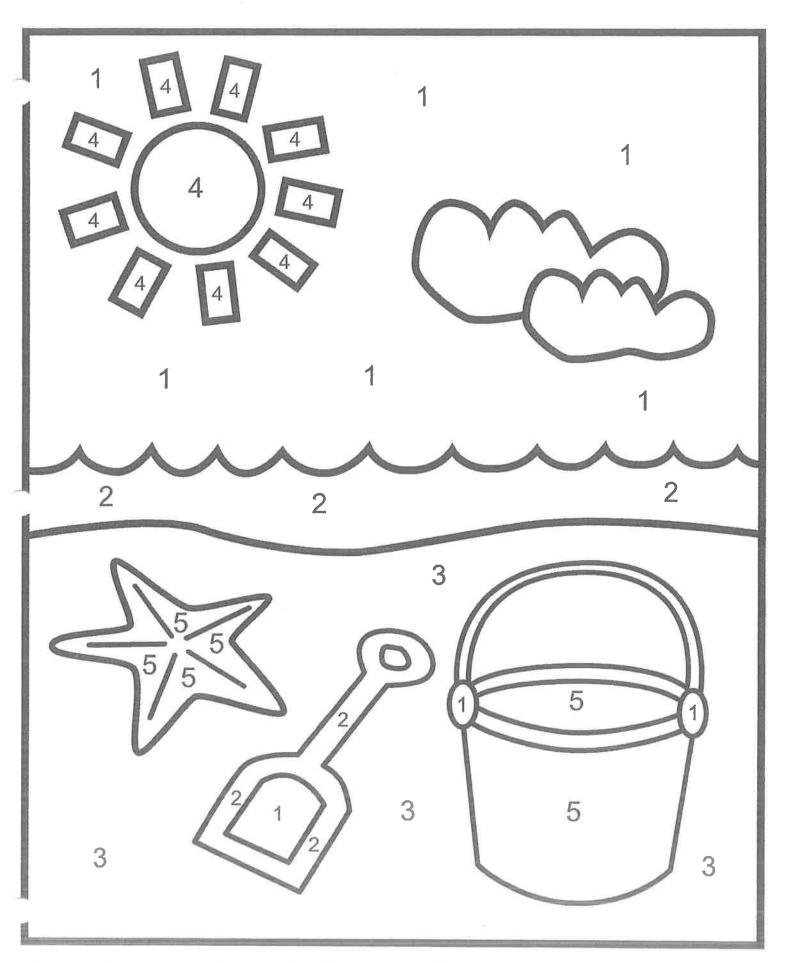
To help **PARENTS** transition . . .

- Recognize that you are in transition too. Expect to feel scared and sad in addition to feeling excited about your child starting kindergarten.
- Think through and plan for food, transportation, and schedule changes. (When does school begin and end? What about before- and after-school care? Where is the bus stop? How much does lunch cost?)
- Visit the school and meet the teacher. Don't be afraid to ask if things seem confusing! Ask for a conference (by note to the teacher) as needed.
- Talk to someone about your feelings. School counselors often set up special times at the beginning of the year for parents with entering kindergarteners. You can check with your school system for the availability of this service.
- **Get involved!** Volunteer in your child's class, join the PTA, and volunteer in the school.
- Remember that your attitude will determine your child's attitude. Your positive support of school increases your child's confidence and success.



Happy Summer





1=Light Blue 2=Dark Blue 3=Brown 4=Yellow 5=Red